



|               |                        | BUILDIN  | IG RESILIENCE |
|---------------|------------------------|--|---------------|
|               |                        | Case studies - communities overcome hazardous  |               |
|               |                        | events in past   |               |
|               |                        | Site Visit will cover (additional):  |               |
|               |                        | Sun Point  |               |
|               |                        | Miyawaki Forest  |               |
|               |                        | Check dams   |               |
|               |                        | DAY – 2 (14 <sup>th</sup> Feb 2024)  |               |
| 09.00 – 10.15 | Planning for Disaster  | At the end of the session participants would be able to  | Sumedh Patil, |
|               | Risk Reduction         | understand:  | TSG           |
|               |                        | <ul> <li>Assessment of disaster risk, hazard, vulnerability,</li> </ul>                            |               |
|               |                        | exposure and capacity analysis in project area   |               |
|               |                        | Establishment of disaster risk governance  |               |
|               |                        | mechanism  |               |
|               |                        | Disaster Risk Reduction measures – Structural &  |               |
|               |                        | Non-Structural Mitigation  |               |
|               |                        | Strengthening Response disaster response   |               |
| 10.15 – 11.30 | Enhancing              | At the end of the session participants would be able to  | GIDM          |
|               | Preparedness for       | understand:  |               |
|               | Disaster Response      | Early warning mechanism for hazards  |               |
|               |                        | <ul> <li>Development of Disaster Risk Management Plans</li> </ul>                                  |               |
|               |                        | <ul> <li>Capacity Development through training, education,</li> </ul>                              |               |
|               |                        | and awareness  |               |
|               |                        | <ul> <li>Stockpiling of necessary items for effective</li> </ul>                                   |               |
|               |                        | response   |               |
| 11.30 – 11.45 |                        | Tea Break  | T             |
| 11.45 – 13.30 | Significance of        | At the end of the session participants would be able to  | NDRF / Red    |
|               | learning Life Saving   | understand:  | Cross         |
|               | skills                 | What kills during disasters?   |               |
|               |                        | Need for learning life saving skills   |               |
|               | (Low Cost/ No Cost     | First Aid (BASIC) and its significance – External &  |               |
|               | Activities)            | internal bleeding, types of injuries, broken bones   |               |
|               | Activities)            | and sprains, burns and electrical injuries, Animal   |               |
|               |                        | bites (Snake bites), heat related emergencies,   |               |
|               |                        | frostbite, poison emergencies; Dressing &  |               |
|               |                        | bandages   |               |
|               |                        | Search and Rescue (BASIC) Types of knots and     stretch are Mathada of rescue. Hymon system       |               |
|               |                        | stretchers; Methods of rescue – Human crutch,<br>firemans lift, rescue crawl, bowling drag, pick a |               |
|               |                        | back, two/three /four handed seat, two-person  |               |
|               |                        | crutch, blanket lift etc   |               |
| 13.30 - 14.30 |                        | Lunch  |               |
| 14.30 - 18.30 | Disaster resilient     | At the end of the session participants would be able to  | Mahavir       |
| 11.50 10.50   | construction           | understand   | Acharya,      |
|               |                        | Indigenous construction methods  | Director-     |
|               | (Visit to Hunarshala   | Hands on experience on:  | Hunnarshala   |
|               | Foundation)            | a) Types of foundation   | Foundation    |
|               | ,                      | b) Beams & columns   |               |
|               |                        | c) Bar bending   |               |
|               |                        | d) Roof  |               |
|               |                        | Doors & windows  |               |
|               |                        | Day 3 (15 <sup>th</sup> Feb 2024)  |               |
| 9.00 - 10.30  | DRR for on farm        | At the end of the session participants would be able to  | District      |
| 2.00 - 10.30  | activities - Resilient | understand:  | Agriculture   |
|               | Livelihoods            | Risk management for dryland/ rainfed farmers   | Office, Kutch |
|               |                        | through agricultural extension, and financial  | 3             |
|               | 1                      | an ough agricultural exterision, and initialitial  |               |





|               |                         | BOILDIN   | G RESILIENCE    |
|---------------|-------------------------|---|-----------------|
|               |                         | institutions based on assessments at the end of         |                 |
|               |                         | monsoon   |                 |
|               |                         | Drought resilient crops                                 |                 |
|               |                         | Climate smart agriculture                               |                 |
|               |                         | Sustainable Agriculture Practices                       |                 |
| 10.30 -10.45  |                         | Tea Break   |                 |
| 10.45 - 12.00 | Understanding           | At the end of the session participants would be able to | GIDM            |
|               | Hospital Safety and     | understand  |                 |
|               | Disaster Risk           | Concept of Hospital Safety guidelines as defined by     |                 |
|               |                         | NDMA guidelines   |                 |
|               | Visit to GK General     | Hospital DRR planning                                   |                 |
| 12.00 – 13.00 | Hospital (Optional )    | Impact on hospital during 2001 earthquake               |                 |
|               |                         | Reconstruction of hospital – Earthquake resistant       |                 |
|               |                         | construction & retrofitting                             |                 |
|               |                         | Preparedness measures at hospital                       |                 |
| 13.00 - 13.45 |                         | Lunch   |                 |
| 13.45 - 15.00 | Understanding School    | At the end of the session participants would be able to | GIDM / District |
|               | Safety and School       | understand  | Administration  |
|               | disaster risk reduction | Concept of safe school as defined by NDMA               | Kutch           |
|               | plan                    | guidelines  |                 |
|               |                         | School DRR planning                                     |                 |
|               | (Mock Exercise          | Organizing a mock exercise in school                    |                 |
|               | Demonstration)          | Role of first responders with school                    |                 |
|               |                         | Role of Fire, 108, SDRF, Aapda Mitra etc                |                 |
| 15.00 – 15.15 |                         | Tea   |                 |
| 15.15 – 16.45 | Presentation of         | CSR team Pilot project identification                   | Ipsita Das      |
|               | Exercise I              | Presentation of Action Plans                            | (Moderation)    |
|               |                         | Inputs and recommendation                               | Presentations   |
|               |                         |   | by the          |
|               |                         |   | participants    |
|               |                         |   |                 |
| 16.45 – 17.30 | Valedictory Session     |   | Ipsita Das, TSG |