

Schedule

Extreme Heat Preparedness in Sports

Date:	5-6 April 2023		
Target Dept.:	Sports, Youth, and Cultural Activities Department		
Target participant:	Chief Coaches, District Sport's Development Officers		
Programme Mode	Residential		
Time (Hrs.)	Topic	Objectives of the Session	Partner Agency/ Resource person
DAY-1: 5th April 2023			
Breakfast: 9.00hrs – 10.00hrs (everyday)			
10:00 – 10:30	Registration	<ul style="list-style-type: none"> • Online Registration • Handover of Kits 	GIDM
10:30-10:45	Pre-Test	<ul style="list-style-type: none"> • Pre-Test of Participants 	GIDM
10:45 -11:45	Basics of Disaster Risk Management	<p>At the end of this session participants will be able to;</p> <ul style="list-style-type: none"> • Understanding 'Disaster Risk through Hazards, Exposure, Vulnerability and Capacity components • Describe Conceptual Framework for Disaster Risk Reduction • Explain that Disasters are NOT natural and need for intervention and Planning 	Dr. Chintan Pathak, APPM, GIDM
11:45-12:00	TEA BREAK		
12:00-13:00	Global Perspectives in Heatwave Risk management	<p>At the end of this session participants will be able to;</p> <ul style="list-style-type: none"> • Describe Evolution of disaster management to disaster risk management • Explain 'Systemic risk' – Need to understand the cascading and interconnected nature of risk 	Shri Piyush Ramteke, RSPM, GIDM
13:00-14:00	LUNCH		
14:00–15:00	Understanding Extreme Heat and Heatwave	<p>At the end of this session participants will be able to;</p> <ul style="list-style-type: none"> • Defining Heatwave • Heatwave Vs Extreme Heat • Global Warming, Climate Change and Extreme Heat • Extreme Heat events that made an impact 	Dr. Vikas Khokhare, WHO, Gujarat
15:00-15:15	TEA BREAK		

15:15-16:15	Basic First Aid Demonstration	At the end of this session participants will be able to; <ul style="list-style-type: none"> Basics of First Aid related to Heatwave impact Able to build capacity 	Dr. Dipesh Makhijaney, MBBS, Deputy Manager, MLC Department, GVK EMRI
DAY-2: 6th April 2023			
10:30-11:30	Disaster Risk of Extreme Heat in Sports and Public Health	At the end of this session participants will be able to; <ul style="list-style-type: none"> Understanding of Disaster Risk Extreme Heat as Hazard Exposure of Extreme Heat Vulnerabilities to Extreme Heat Urban heat Island Climate Change and Extreme Heat 	Dr. Priya Dutta, Visiting Professor, IIPH, Gandhinagar
11:30-11:45	TEA BREAK		
11:45 -13:00	Health Impacts of Heatwave, Psychosocial Wellbeing and Fitness	At the end of this session participants will be able to; <ul style="list-style-type: none"> Prevention of Heat related Illness Hospital Preparedness measures for managing Heat related Illness Physiological Impacts of Heatwave Key Symptoms on Heat related illness Surveillance and monitoring of local heatwave illness Checklist for First Aid 	Dr. Hiren Shastri, Physiotherapist & Rehabilitation Expert, Civil Hospital Gandhinagar
13:00 -14:00	LUNCH		
14:00 -15:00	Gujarat State Heat Action Plan (GSHAP)	At the end of this session participants will be able to; <ul style="list-style-type: none"> Heat Action Plan – Components & Development Assessing Vulnerability & Developing Threshold Determining local Temperature Threshold Institutional mechanism to deal with extreme heat 	Mr. Anupam Sharma, IIT-GN, Gandhinagar
15:00 -15:15	TEA BREAK		
15:15-15:30	Post-test	<ul style="list-style-type: none"> Post Test of Participants 	GIDM
15:30 -16:00	Valedictory Session	<ul style="list-style-type: none"> Interaction with DG-GIDM 	GIDM