# **Program Schedule**

# Saturday, 19 Feb' 2022

14:30 – 14:45 --- Reporting at respective locations---

14:45 – 15:00 Welcome, About GIDM, GIDM portal, Audio-Visual Film, 5 hrs e-CCDRM course, Details about Study Material Provided

Dr. Chintan Pathak, APPM, GIDM

**15:00 - 15:15 Opening Remarks** 

Shri Nisarg Dave, Director (DM), GIDM

15:15 – 16:00 Basics of COVID-19 and DRM perspective

Dr. Abhiyant Tiwari, APPM, GIDM

At the end of this session participants will be able to:

- Basic of COVID-19: Terminology, Origin, Transmission and Impacts
- Potential exposure to COVID-19 while on duty
- Do's and Don'ts: COVID appropriate behaviour
- Response by India and Gujarat
- COVID-19 Vaccination: Myths and Clarity
- The mitigation strategy for Infection Prevention and Control
- COVID-19: Health and Safety for Police Personnel & their families

### 16:00 – 17:00 Health and Safety for Police Personnel and their families

Dr. Mahendra Chawda, RMO I/c, PDU Hospital, Rajkot At the end of this session participants will be able to:

- Types of Public Health Orders
- How to Prepare for Public Health related Enforcement Activities
- Protection and Security: Analyzing the uncertainty created by the Pandemic
- Proposing principles for new paradigm
- Intermediate and long term interventions

# 17:00 - 17:30 Introduction to Stress Management

Dr. Pooja Pushkarna, Chief Psychologist, Apollo Hospitals At the end of the session, Participants will be able to

- Depiction of Success Stories in Gujarat
- Define Psychosocial Care and Counselling Techniques used in Disasters
- Home Quarantine, Community Surveillance and Field Supervision
- Scientific Management of Dead Bodies and Psycho-social Care
- Explain effective confidence building mechanism to work towards building resilience

#### 17:30 – 17:45 Question-Answer, Feedback, Conclusion

Dr. Pooja Pushkarna, Chief Psychologist, Apollo Hospitals Dr. Chintan Pathak, APPM, GIDM