

One Day Training Program on Empowering Youth in Action for Disaster Resilience

Organized by
Gujarat Institute of Disaster Management
For - School of Internal Security and Police Administration
(SISPA), Rashtriya Raksha University (RRU).

(Tentative date: 08th October 2025, 10:30 to 16:30 hrs)

Concept Note

With the adoption of the Sendai Framework for Disaster Risk Reduction (SFDRR) 2015–2030, a global paradigm shift has taken place from disaster management to proactive disaster risk management. This transformation emphasizes resilience-building and a preventive approach that translates high-level frameworks into grassroots actions.

Youths, especially those engaged in academic and professional training in internal security and smart policing, represent a pivotal force in driving disaster resilience. This one-day training program aims to orient and empower students of the School of Internal Security and Police Administration (SISPA), Rashtriya Raksha University (RRU) to become active stakeholders in disaster risk management (DRM).

Participants will be introduced to key DRM concepts, national and international frameworks, and practical modules like fire safety and basic life support. The goal is to inspire future leaders in security and governance to proactively engage in resilience-building for safer, more prepared communities.

Objectives

1. **Understand key DRM terminologies and frameworks** – Local, national, and global.
2. **Equip participants with knowledge on hazard identification and risk analysis.**
3. **Introduce community-based disaster risk reduction strategies.**
4. **Develop practical skills in fire safety and basic life support (BLS).**
5. **Foster a culture of preparedness and resilience within internal security institutions.**

Target Participants

Students of the **School of Internal Security and Police Administration (SISPA), Rashtriya Raksha University (RRU)**

Methodology

The training will consist of **interactive lectures, live demonstrations, and hands-on practice**. Emphasis will be placed on experiential learning, enabling participants to directly engage with practical tools and concepts.

Program Schedule

Time	Session	Speaker / Facilitator
11:00 – 11:30	Welcome & Introduction to GIDM	GIDM Team
11:30 – 12:30	Basics of Disaster Risk Management (DRM)	Shri.Subham Daberao , RAPC,GIDM
	<i>Learning Outcomes:</i> Overview of DRM, key concepts, HVCR analysis, and youth engagement in DRM.	
12:30 – 13:30	Fire Safety Fundamentals <i>Learning Outcomes:</i> Fire science, hazard types, fire control methods, and prevention. <u>Fire Safety Demonstration</u> <i>Highlights:</i> Hands-on use of extinguishers, SOPs, types of extinguishers, Indian standards.	Shri S.M. Shaikh, Rtd. Fire Officer
13:30 – 14:30	Lunch Break	–
14:30 – 16:00	Basic Life Support (BLS) & First Aid Training	Mr. Suresh Gami (First Aid Trainer)
	<i>Learning Outcomes:</i> CPR, emergency response, handling burns, fractures, bleeding, and common injuries.	
16:00 – 16:30	Feedback & Concluding Session	GIDM Team

Resource Persons

- **Mr.Subham Daberao**, Research Associate cum Program Coordinator, GIDM
- **Mr. S.M. Shaikh** – Rtd. Station Officer, (Fire Department)
- **Mr. Suresh Gami** – BLS & First Aid Training Expert