

**Blended Capacity Building Program (ToT)**  
for Civil Defence & Home Guards  
(selected Chief Wardens, Dy. Chief Wardens, Wardens)

on

**ROLE OF YOUTH & VOLUNTEERS  
FOR DISASTER RISK MANAGEMENT**

Virtual Internet Participation (VIP): **07 – 08<sup>th</sup> Oct' 2021**

+ 5 hours' basic course on Disaster Risk Management (DRM)

link: Google Meet (<http://meet.google.com/ujv-fkzg-noq>)

Face-to Face Interaction at GIDM: **28 – 29<sup>th</sup> Oct' 2021**

**Venue:** LH 2, First Floor, GIDM Campus

**Organized by**



## A. Background

Since the dawn of civilization, human society, natural environment and disasters have been closely interlinked. Natural hazards and the increasing environment degradation world-wide are serious threats to development. Disasters have threatened all three dimensions of development to include economic, social and environmental. After the commencement of Sendai Framework of Action (SFDRR 2015-2030), there continues to be not just a lot to be accomplished for Disaster Risk Management (DRM) but also significantly more to demonstrate and deliver on the inter-linkages between DRM, early recovery, development, environmental protection and climate change adaptation. While there is acceleration in the implementation of DRM initiatives across the country and at the State level, there continues to be a need to build capacities innovatively, increase outreach at the appropriate levels, enhance impact of action; all of which also require qualified and experienced professionals to assist and support government and non-government organizations in coordinated, structured and timely response actions. Disaster Risk Management being a relatively new domain of knowledge and practice offers a key challenge in find high quality human resources and capacity development opportunities. Much emphasis has also been laid in the SDGs agenda where India is a signatory where the Role of Youth on various Social Security Programs is vital to the development processes. As youth, especially, are central to this effort, they have the potential to be a positive force for transformational change. India's 330-million-plus young men and women will be instrumental in helping realize the Sustainable Development Goals (SDGs).

Under the National Youth Policy 2014, four key areas of intervention have been identified, with many areas of overlap with the SDGs. Action Plans were developed to achieve the objectives of the National Youth Policy 2014 under four key areas: Social Entrepreneurship; Gender Justice and Equality; Environment and Disaster Risk Reduction; and Social Inclusion.

The youth and volunteers of a nation are the backbone and the most powerful force within the nation. They are the hope of the future and can shape the destiny of a country. History shows that countries subjected to alien rule have without exception sought the help of youth and volunteers in times of crisis. The youth and volunteers have also been instrumental in the change of governments, whenever need for such a change has been felt. They have always been in the forefront in the building of political, social and economic orders of a society. They play a positive role for the cause of a nation and national integration. Today's generation faces greater challenges in national building due to the force and pressure of internal politics and external conflicts. The youth and volunteers have a leading role in bringing together the people of different states and religions with a view to integrating them socially, culturally and geographically.

Keeping in view of greater engagements of these forums, GIDM, in association with various youth volunteer organizations has organized a Program Development and Review Committee (PDRC) meeting on theme “**Role of Youth and Volunteers in Disaster Risk Management**” on dated **26<sup>th</sup> Nov’ 2018** at GIDM. Where the discussions and decisions were taken to have a strategic positioning of Disaster Risk Management (DRM) in capacity building programs of youth volunteer based organizations, across the State. As decided in the PDRC meeting, GIDM, in collaboration with CDHG, will disseminate the DRM knowledge across all the level of its stakeholders.

The **MoU** was also signed between GIDM-CDHG-Gujarat State on dated **5-March-2020** targeting various collaborative capacity building activities on the subject As part of follow-up activity, GIDM-CDHG Gujarat State has planned to organize the Blended Capacity Building program on “**Role of**

**Youth and Volunteers for Disaster Risk Management**”, Virtual Internet Participation (VIP): **07 – 08<sup>th</sup> Oct’ 2021** and Face-to Face Interaction at GIDM: **28 - 29<sup>th</sup> Oct’ 2021** with an aim to enhance the understanding on Basics of Disaster Risk Management (DRM) and Role of Youth and Volunteers in DRM and COVID-19.

### ***Objective***

By identifying the existing knowledge and skills/gaps with regard to Prevention, Mitigation, Preparedness, Response and Recovery, keeping the existing practices of Youth Volunteerism activities in the State, develop the long term capacity development plan with Civil Defence & Home Guards’ officials/volunteers of Gujarat State. Under this, the following specific objectives will be pursued -

- Understanding Basics of Disaster Risk Management and Terminologies used in DRM;
- Basics of Disaster Management Cycle and existing Response mechanism in the State;
- DRM perspective of COVID-19 and Post-COVID situation;
- Why is it necessary to view the pandemic through the lens of Disaster Risk Management. perceiving the pandemic as just a health emergency constrains, our preparedness to the present times and few particular sectors, but, viewing it through the lens of DRM, broadens our perspective and we visualize the emergent risks / issues too, like that of the upcoming season of flood that would perhaps add on to the already building up pressure on our health infrastructure, or, the lockdown forced economy dip that might hinder the achievement of some of the SDGs;
- The role youth and volunteers during pandemic situation.

### **B. Agenda of the Blended Capacity Building Program**

At the national level, Ministry of Youth Affairs and Sports, Ministry of Defense, and Ministry of Home Affairs have volunteer programmes designed to engage youths in social welfare. National Cadet Corps (NCC), Nehru Yuva Kendra Sangthan (NYKS), National Service Scheme (NSS), and Civil Defence & Home Guards (CDHG) volunteers are the main messengers for promoting youth volunteerism in community services including DRM and Environment Management.

The Disaster Management Act, 2005 and National Policy on Disaster Management, 2009 provide the framework for institutional and legal mechanisms on disaster management in India. Disaster Management Policy of India formulated in 2009 emphasizes on involvement of communities, volunteers, NGOs, ex-servicemen and youth based organizations in all aspects of DRM. It lays down roadmap/directions for holistic and pro-active approach towards prevention, mitigation and preparedness. The Policy also advocates for a multi-disciplinary, multi-sectoral and holistic approach towards disaster risk reduction involving all stakeholders. Eight principles of National Policy are as follows:-

- Protection of lives and properties
- Economic growth and development
- Concern for livelihood and employment
- Integrating DRR with development
- Protection of environment and heritage
- Concerns for women, children and other
- Vulnerable sections
- Harnessing Science and Technology for reducing disasters

In view of the above developments, the training intends to address certain issues related to DRR by partnering with CDHG so as to build a cadre of uniform services who can complement and supplement the efforts in different phases of Disaster Management Cycle. CDHG volunteers can play a significant role in the management of the effects of calamities and disasters. With its organizational capability, strength and quality of its cadres, involvement of CDHG in disaster relief will provide able assistance to the nation as well as an avenue to the youth and volunteers in showing its commitment to the society, play a significant role in forming correct attitudes, feelings of sympathy in respect of fellow human beings and also result in personal growth and improved self-image.

Youth and Volunteers being young and exuberant can be selectively employed through correct selection of areas of intervention. Indoctrination and strict supervision of their activities will ensure success of cadets. Some disaster situations may, however, demand functioning of cadets on their own. It would, however, be preferable to determine their areas of activity and responsibility in any disaster situation beforehand and limit the same to an indirect support role, while the direct intervention is left to the experts in the field. CDHG volunteers can effectively assist the state system in management which could take shape in the form of:-

- Traffic Management under supervision
- Search and Rescue
- First Aid and evacuation of rescued people
- Helping in setting up and administration of Relief Camps
- Collection, loading and dispatch of medical aid, material, food and other articles of relief
- Conduct of cultural and recreational activities for victims to boost their morale at later / rehabilitation stages
- Boosting the morale of the community after the disaster
- Students can help the villagers in preparing the Village Disaster Preparedness and Response plan
- Students/cadets can be volunteer in the first aid team, Rescue and evacuation team, early warning team in their village

## TARGETED PARTICIPANTS

The total strength of Civil Defence volunteers, across the State are as follows,

Sr.No.	Name of Unit	Strength	City/District
1.	Ahmedabad	7287	Ahmedabad City and District
2.	Gandhinagar	77	Gandhinagar
3.	Vadodara	3713	Vadodara City and District
4.	Surat	2816	Surat City and District
5.	Jamnagar	140	Jamnagar
6.	Bhuj	1023	Bhuj (Kutch)
7.	Okha	43	Devbhumi Dwarka
8.	Vadinar	449	Devbhumi Dwarka
9.	Gandhidham	943	Kutch
10.	Naliya	433	Kutch
11.	Ankleshwar	217	Bharuch
12.	Kakrapar	551	Tapi Vyara
13.	Bhavnagar	01	Bhavnagar
<b>TOTAL</b>		<b>17692</b>	

Since, the format of the program is envisaged to be a 'COMBO' program, the selected Chief wardens, Dy. Chief Wardens, Division Wardens and newly appointed Wardens (around 25 nos.) working with CDHG, Gujarat State would be invited to attend the training.

## **DURATION AND VENUE**

The blended training program is divided into two segment. The first segment will include Virtual Internet Participation (VIP). The sessions will commence from 07 to 08<sup>th</sup> Oct' 2021. Participants have to study the Training Module, related literature (5 hours' basic course on Disaster Risk Management (DRM)) and complete the assignments. The second segment of ToT will be face-to-face interaction which will commence on Thursday, 28 - 29<sup>th</sup> Oct' 2021. Various sessions have been designed in such a manner that it links-up between the VIP and Face-to-Face interaction throughout the course.

## **CERTIFICATE**

The programme is of 4 days { Virtual Internet Participation (VIP) session followed by two-day face-to-face}, the participants are expected to be regular in attendance and to observe punctuality. The successful completion of the VIP phase will help the participants to earn an e-certificate besides a regular certificate recognized by GIDM and CDHG, jointly.

Selected Participants-Chief Wardens, Dy. Chief Wardens, Post-Wardens and newly appointed Wardens (Master Trainers) will be empaneled as Resource Persons in GIDM and will be invited to join various capacity building activities of GIDM for DRM.

## **References**

1. Sendai Framework for Disaster Risk Reduction 2015-30
2. PM's 10 Point Agenda
3. NDMA Guidelines on Role of Civil Defence and Sister Organizations, 2014
4. National Youth Policy, 2014
5. GIDM Training Module on Basics of DRM (*English and Gujarati*)
6. GIDM Training Module on Role of Youth and Volunteers for DRM
7. Virtual Classroom based Training Module on Role of Youth and Volunteers for DRM  
<https://gidm.gujarat.gov.in/en/digital-library>

## Program Schedule

### Pedagogical approaches -

- Reading material: SFDRR, SDGs, DM Act & Policy, NDMA Guidelines, SDMPs, Scholarly Articles, GIDM Training Module on Role of Youth & Volunteers for DRM
- Key lectures
- Reference links / Reference videos

### VIP Day-1: 07<sup>th</sup> Oct' 2021

- 14:30 – 15:00 ---Online Registration and Reporting at respective places---
- 15:00 – 16:00 **Welcome, Audio-Visual Film, GIDM Portal, About GIDM, 5 hrs e-CCDRM, Course Background**  
*Dr. Chintan Pathak, Asst. Professor cum Program Manager, GIDM*
- 16:00 – 17:00 **Basics of DRM and Importance of involving Youth-Volunteers Online interaction and Assignment-1**  
*Dr. Repaul Kanji, Research Scientist cum Program Manager, GIDM*

### VIP Day-2: 08<sup>th</sup> Oct' 2021

- 15:00 – 16:00 **Cases of Youth-Volunteer involvement in DRM, Assignment-2**  
*Mr. A.A. Shaikh, Cmtt., CDHG*
- 16:00 – 17:00 **Online interaction: Assignment Submission and Briefing for Residential Program (scheduled on 28-29<sup>th</sup> Oct')**  
*Dr. Chintan Pathak, Asst. Professor cum Program Manager, GIDM*

### Face-to-Face interaction: Day-1: 28<sup>th</sup> Oct' 2021

- 10:30 – 10:45 ---Registration and Reporting at CR-2, Ground Floor, GIDM---
- 10:45 – 11:15 **Recap of VIP sessions: Presentation by Participants**  
*Moderator: Dr. Chintan Pathak, GIDM*
- 11:15 – 12:30 **Introduction to the Concept of Disaster Risk and DRM & Role of Youth-Volunteers in DRR & DRM**  
*Dr. Chintan Pathak, GIDM*  
*At the end of this session participants will be able to:*
- List and define the basic concepts that comprise DM
  - Terminologies association with DRM
  - International, National and State frameworks
  - State activities w.r.f. to Disaster Risk Management Cycle
  - Identify the scope of the action plan for DRR and COVID-19

- 12:30 – 12:45**      **Inaugural Remarks**  
*Shri Nisarg Dave, Director (DM), GIDM*
- 12:45 – 13:00**      **Vote of Thanks**  
*Mr. A.A. Shaikh, Comdt., Civil Defence Training School*
- 13:00 – 14:00**      **Group Exercise on Hazard, Risk and Vulnerability Assessment of Gujarat – How Youth-Volunteers can be involved (youth specific exercise)**  
*Mr. Ankur Srivastava, GIDM*  
*At the end of the session, Participants will be able to*
- *Explain what H,R,V,C stands for in the context of DM*
  - *Explain the equation used to calculate risk*
  - *Explain how a HRVCA study helps to understand the level of risk and gradually meet the needs of the community*
  - *DRM perspective of COVID-19*
- 14:00 – 14:45**      *---Lunch Break---*
- 14:45 – 16:00**      **Basics of Medical First Responders during Disasters**  
*Mr. Suresh Gami, Director (DM), Indian Red Cross Society*  
*At the end of the session, Participants will be able to*
- *Know about the basic concepts and elements of emergency response management, including First Aid*
  - *Direct the immediate mitigatory action*
  - *Understand the need for coordination with health service providers and local authorities*
  - *Triage, First Aid and CPR*
  - *Experience sharing on COVID-19 and Cyclone Tauktae*
- 16:00 – 17:15**      **Panel Discussion with Youth & Volunteers**  
*CRRP-Confederation of Risk Reduction Professionals in India*  
*Moderator: Dr. Repaul Kanji, GIDM*
- 17:15 – 17:30**      **De-briefing of the Day**  
*Dr. Chintan Pathak, APPM, GIDM*

### Face-to-Face interaction: Day-2: 29<sup>th</sup> Oct' 2021

- 10:30 – 11:00**      *---Briefing of the Day---*  
*Dr. Chintan Pathak, APPM, GIDM*

<b>11:00 – 12:15</b>	<b>How to introduce the Concept of Stress Management to Youth-Volunteers</b> <i>Dr. Pooja Pushkarna, Chief Psychologist, Apollo Hospitals, A'bad</i> <i>At the end of the session, Participants will be able to</i> <ul style="list-style-type: none"> <li>• Recognize an emergency condition and immediate actions required</li> <li>• Define Psychosocial Care and Counselling Techniques used in Disasters</li> <li>• Explain effective confidence building mechanism to work towards building resilience</li> <li>• Post-Trauma Stress Disorder (PTSD): Symptoms, Diagnosis and Activities for Stress Management (Exercises)</li> <li>• COVID-19 Case Studies and Best Practices</li> </ul>
<b>12:15 – 13:30</b>	<b>Search and Rescue Techniques for different Disasters; Structural / Non-structural Mitigation Measures (Demonstration)</b> <i>6<sup>th</sup> Btn, NDRF</i> <i>At the end of the session, Participants will be able to</i> <ul style="list-style-type: none"> <li>• Understand different search and rescue methods/techniques</li> <li>• Present the concepts behind the various methods of conducting structural and non-structural mitigation measures</li> <li>• Know about the basic concepts and elements of emergency response management, including Search and Rescue</li> <li>• Role of civil administration and authorities in rescue and relief (At state, district and taluka level)</li> </ul>
<b>13:30 – 14:30</b>	<b>---Lunch Break---</b>
<b>14:30 – 15:30</b>	<b>Designing the Course by Participants and Presentation</b> <i>Moderator: Dr. Chintan Pathak, APPM, GIDM</i> <i>Theme 1: Role of CDHG during Pandemic</i> <i>Theme 2: Role of CDHG during Earthquake</i> <i>Theme 3: Role of CDHG during Flood</i> <i>Theme 4: Role of CDHG during Cyclone</i>
<b>15:30 – 16:00</b>	<b>Valedictory, Certification, Conclusion</b> <i>Shri Nisarg Dave, Director (DM), GIDM</i> <i>Dr. Chintan Pathak, APPM, GIDM</i>