

## A One-day Training on 'Confined Space Safety and Rescue'

**Date: 20 December 2024**

**Venue: Gujarat Institute of Disaster Management**

<b>Time</b>	<b>Topic</b>
<b>9.30 – 10.00</b>	Breakfast
<b>10:00 – 10:15</b>	Registration
<b>10:15 – 10:30</b>	Welcome
<b>10:30 – 10:45</b>	Introduction to Confined space Risks / hazards involved in a confined space – risk assessment exercise
<b>10:45 – 11:00</b>	Introduction to different types of equipment's & PPE used in a confined space
<b>11:00 – 11:30</b>	Confined Space Entry Process Duties and Responsibilities Preparation of Rescue plan protocol and standard guidelines
<b>11:30 – 11:45</b>	<i>Tea Break</i>
<b>11:45 – 12:10</b>	Permit to Work System Atmospheric Testing Isolation of Confined Space
<b>12:10 – 12:30</b>	Emergency Response Procedures & Communication
<b>12:30 – 13:30</b>	<i>Lunch Break</i>
<b>13:30 – 14:15</b>	Confined Space Entry and Exit Use of monitoring device Different Rescue (Including self-rescue) techniques in confined space
<b>14:15 – 15:00</b>	Forming rescue team, developing rescue protocol and standard guidelines Practical use of Rescue equipment in confined space
<b>15:00 – 15:45</b>	Introduction to the Breathing Apparatus - practical's Demonstration of using a Self-Contained Breathing Apparatus (SCBA)
<b>15:45 – 16:00</b>	<i>Tea/Coffee Cookies</i>
<b>16:00 – 16:45</b>	Primary Emergency Care in Confined Space First Aid Basics & advanced module - choking due to gases – respiratory problems, electric Shock, injuries due to confined space – cuts, lacerations – theory
<b>16:45 – 17:00</b>	Valedictory Certificate Distribution